




THE
HOLBURNE
MUSEUM

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Pathways to Wellbeing



FREE Museum-based
creative opportunities to
support positive mental
health and wellbeing.

Looking for creative
opportunities or to learn
new skills?

Interested in Museums
and Art?

Want to meet new
people and get out?



PATHWAYS TO WELLBEING
CHANGING LIVES THROUGH ART

Pathways to Wellbeing is an exciting programme of creative groups which take place at the Holburne Museum and partner museums and galleries in Bath.

These groups are designed to support people who have lived experience of mental health challenges and issues related to loneliness and homelessness.

Partner Museums



Funded by



We offer safe, calm, inspiring, informative and welcoming spaces for people to explore their creativity, learn about local heritage and have fun!

We work with specialist artists who support people to learn new skills using high quality art materials and equipment.

All our groups are well supported by trained staff and volunteers who are non-judgmental, friendly and passionate about the benefits of creativity for mental health and wellbeing.

We believe that the enjoyment of art can change people's lives.

Come and join us!



Gardener's Lodge Art Group

Where: Based at the Holburne Museum
(and partner museums and galleries)

When: Every Wednesday afternoon

Places: 10 places (regular attendance is required)

A friendly, supported group where you can develop your arts skills, be creative and meet like-minded people in a safe environment.

- Fun 6-week projects led by specialist artists
- All materials and refreshments are provided
- Opportunities to exhibit work in museums and take part in community art events

IMAGE – Peer-led Museums Group

Where: Based at the Holburne Museum
(and partner museums and galleries)

When: Every other Wednesday morning

Places: 10 places (regular attendance is required)

A **Peer Led Group** for people interested in heritage and art.

The group is run by its members and works with the Holburne and partner museums to develop creative responses to exhibitions and museum collections and to advocate for museums, creativity and wellbeing. Help organise and facilitate events, share skills and exhibit your art work.



Discover Museums – Pathways to Volunteering

6 WEEK COURSE

- Where:** Based at the Holburne Museum
(and partner museums and galleries)
- When:** Annual course starting September 2019,
2020, 2021 (2 hour contact time each week)
- Places:** Approx. 10 places – commitment is essential!

Find out more about volunteering in a museum, develop your confidence, knowledge and skills with the support of a friendly museum mentor.

- See behind the scenes and meet curators and museum staff
- Shadow a museum volunteer and research an object you like
- Complete a creative project and share it with friends and family at a special celebration event

Fresh Art@

- Where:** No. 1 Royal Crescent, Holburne Museum and American Museum & Gardens
- When:** Annual 12 week course
(Feb – May 2020, 2021 and 2022)
- Places:** 14 places

A fully supported group for people who are looking for a gentle and inspiring space to explore their own creativity in museums. Sessions are led by an experienced arts facilitator. At the end of the course you will be invited to donate some of your art work to enliven NHS hospital wards and waiting rooms.

This is a partnership project with Bath Museums, Creativity Works and Avon and Wiltshire Mental Health Partnership NHS Trust.

To find out more or apply for a place contact Creativity Works:

Philippa Forsey
Philippa@creativityworks.org.uk
01761 438852 or
07715 382877



To apply for a place or for more information

Pathways groups are referral only groups.

Ask your support worker or GP to contact us on your behalf. We work with the Recovery Team (AWP Mental Health Partnership NHS Trust), DHI, St Mungo's, Julian House and Genesis Trust and others.

Or self refer:

- TEXT Pathways + your name to 07380 615276
- Phone or email us
- Fill out the form below and return to the Holburne Museum

Contact:

Emma Blythe (Programme Assistant)
e.blythe@holburne.org 01225 388549

Louise Campion (Programme Manager)
l.campion@holburne.org 01225 388566

www.holburne.org/pathways-to-wellbeing/

We'll be in touch!



Please fill out your contact details and we'll be in touch with more information.



Full name

Mobile

Email

Postcode

Group / Course you are interested in

Please post your form or hand in to Main Reception at the Holburne Museum: C/O Louise Campion, The Holburne Museum, Great Pulteney Street, Bath, BA2 4DB

These groups are made possible by generous funding from The National Lottery Community Fund and St Johns Foundation, Bath.