# Fresh Art 2024

A 12 week course inspired by Bath Museums

FREE opportunity
to learn new skills,
meet other people
and have fun!
No experience
necessary!

## Starts TUES 20 FEB 2024

All sessions will be held on

Tuesdays 2-4pm at the

following Bath museums:-

## **Holburne Museum**

20 + 27 Feb and 5 + 12 March

Special extended session visit

### **Beckford's Tower**

19 March (optional)

## **Bath Abbey**

26 March and 2 + 9 + 16 April

### **American Museum**

23 + 30 April and 7 May

### Application deadline: Sunday 21 January LIMITED PLACES

Please apply early to avoid disappointment

### A 12 week course

Open to anyone in B&NES affected by mental health challenges. We provide a safe, supportive space to explore your creativity. This is a supported group led by a socially engaged artist.

## **Booking is essential**

Click here to apply for a place by filling out an easy on-line application form

<u>Click here</u> to find out more about the course

## For additional help to apply contact:

Jaq (Fresh Art Worker) j.hough@holburne.org 07886 651384











## Fresh Art 2024

## Your questions answered!

#### What?

A 12 week creative art course, meeting every Tuesday, 2–4pm in Bath Museums. A supported group, providing a safe space to play and experiment. An opportunity to discover more about local heritage, visit inspiring museums and create, connect and have fun! Please note: This is **NOT** a drop-in group. There are 16 places available.

### When?

Course starts - Tuesday 20 February. Pre-meeting on Tuesday 6 February, 2-3pm at the Holburne Museum.

### Cost? FREE

All art materials and hot drinks /light refreshments are provided free.

#### For who?

Any B&NES resident (+18 yrs) with lived experience of mild, moderate or enduring mental health challenges such as anxiety, depression and trauma-related mental health issues. Also those who struggle with social isolation or loneliness. Note: this course is not suitable for people with complex physical or mental health needs and we cannot offer one-to-one support.

### Where?

Sessions will take place in different museums starting with 4 weeks at the Holburne, then moving to Bath Abbey and ending at The American Museum & Gardens\*

\*Some help with travel costs to the American Museum will be available

### Am I eligible?

YES If you are:

- Ready and able to commit to attend on a regular, weekly basis.
- Able to attend without a support worker (although they are welcome to accompany you for the first session)
- Interested in opportunities to be creative and develop new skills (no experience necessary)
- Interested in exploring local museums and historical objects and places

### Fresh Art Team

Fresh Art worker - Jaq Hough
Project Artist - Barbara Disney
+ A Mental Health Support Worker
+ Different Museum Officers who will
welcome you to each venue

This project is part of
Pathways to Wellbeing based at
The Holburne Museum, working with
Bath Preservation Trust, American
Museum & Gardens and Bath Abbey. It
is supported by generous funding from
The Quartet Foundation.

## How do I apply?

We welcome individual referrals from Mental Health Teams/ Link Workers/ Support Workers **OR** You can self-refer

Fill out an easy on-line application form by **clicking here** 

Deadline for applications = Sunday 21 Jan

We will contact you on Tues 23 Jan to offer places

For assistance with application please contact Jaq (Fresh Art Worker) j.hough@holburne.org 07886 651384

Click here for further details